



Deborah's Story

Deborah Valentine, U.S. Postal Service

My cause is Alzheimer's awareness because of the devastating effect that it can bring on a family. My mother had Alzheimer's, and for many years, we thought that she was just a little forgetful. She would occasionally misplace things or ask the same question two or three times, and to us, this was a normal part of aging. It wasn't until she started losing weight and forgetting to pay bills that we thought something was terribly wrong. We were devastated by the diagnosis; our lives quickly changed and care for mom became a top priority. Contributions through the CFC support my cause by providing funds for research, programs that support caretakers, and ultimately a cure. It also reminds those with Alzheimer's and their families that they are not alone. I have supported several causes through the CFC because I believe that it's my responsibility to help others who are in need. Many organizations do not have the ability to fundraise, and the CFC is wonderful avenue for them to do so.

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